



A community volunteer educates a pregnant women on newborn care at an antenatal clinic in Baringo County, Kenya.

KENYA

AFYA UZAZI NAKURU-BARINGO PROGRAM

Despite the overall improvements in maternal and child health in Kenya, several sub-counties of Baringo and Nakuru have experienced minimal improvements in maternal and child mortality, skilled birth attendance, child immunization, or contraceptive prevalence. For example, rates of pregnant women attending at least four antenatal care visits are substantially low in several sub-counties, with rates as low as 14% in both East Pokot and Kuresoi North (DHIS2, 2015).

Afya Uzazi Nakuru-Baringo Program aims to help address these disparities by working with counties to improve access to quality family planning/reproductive, maternal, neonatal, child, and adolescent health (FP/RMNCAH) in the two counties. The project name, Afya Uzazi, which means “healthy parenthood” in Kiswahili, reflects the program’s aim to increase the impact of health services through safe deliveries, healthy babies and children, and planned and well-timed pregnancies. FP/RMNCAH interventions are integrated with water, health and sanitation (WASH) and nutrition activities. Key cross-cutting elements in the project include an emphasis on youth and gender interventions, community action, data-driven decision-making and sustainability.

OUR WORK

Afya Uzazi Nakuru-Baringo Program works with county governments to increase availability and quality FP/RMNCAH services in health facilities and communities while implementing interventions that encourage care seeking and health promoting behaviors.

The program uses multiple service delivery models tailored to local circumstance to build the capacity of health care workers and community health volunteers, create new roles for traditional birth attendants (TBAs), and increase demand for health services through social and behavior change communication and community mobilization. Afya Uzazi builds on current supply chain and human resources for health (HRH) interventions to strengthen provider skills and health systems. It also seeks to strengthen linkages between health facilities and communities.

Afya Uzazi also promotes integrated development through a sustainable population, health and environment (PHE) model.

Cross-cutting youth and gender interventions aim to increase access to quality modern contraceptives, support health-seeking behaviors for adolescents and young mothers and encourage male involvement in health care for mothers and children.

Other cross-cutting activities build capacity for use of data-driven decision-making, quality assurance and improvement, and implementation of a robust research and collaborative agenda.

ACHIEVEMENTS

Illustrative Afya Uzazi project achievements for the second year of implementation ending September 2018.

- 189 number of health facilities supported to deliver quality services
- 11,098 women delivered under skilled birth attendants
- More people accessed family planning services as couple years (57,626 couple years of protection, CYP)
- More women attended 7,631.
- 184,644 children received growth monitoring services, 75,947 received vitamin A supplements and 111,978 received dewormers.
- 19,444 children fully immunized
- 75,947 children under five years reached by nutrition-specific interventions.
- 149 villages triggered to achieve open defecation-free status with 24 villages certified Open defecation free.
- 29 community-based organizations sensitized on population, health and environment interventions
- 43,051 people received health services at 341 outreaches to hard-to-reach areas.

BUDGET

USD\$ 19,957,785

DURATION

Sept 2016 - Sept 27, 2021

ACTIVITY LOCATIONS

Baringo County (Baringo North, Baringo Central, Marigat and Mogotio sub-counties); Nakuru County (Kuresoi North and Kuresoi South).

KEY PARTNERS

Gold Star Kenya
Management Sciences for Health (MSH)
Kisumu Medical and Education Trust (KMET)
Living Goods

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