Algorithms for Managing Common STI Syndromes

Algorithm to manage common STI Syndromes: Urethral discharge or symptoms

- Referral for investigations

Algorithm to manage common STI Syndromes: Lower abdominal pain or tenderness

- History of vaginal discharge
- Enquire about lower abdominal pain and menarche
- Lower abdominal pain or tenderness present
- Examine for signs of PID
- If discharge persists after 7 days
- Refer for investigations

Algorithm to manage common STI Syndromes: Lower abdominal pain or tenderness

- Abdominal pain or tenderness due to surgical or gynaecological causes they are abdomen if there is rectal treatment and/or screening.
- Start 1% Tetracycline pessary 2 gm STAT.
- Improve if no improvement after 7 days
- Refer for surgical or gynaecological assessment

TREATMENT OF COMMON SYMPTOMS

Counselling

- Emphasize the risks of STIs including HIV
- Discuss other 3 Cs
- Offer HIV testing and counseling services

Compliance

- Your patient should:
  - Take full course of medication and not to share or keep it
  - Follow your other instructions

Condoms

- Proper use of condom is the only other alternative to abstinence
  - To protect from STIs
- Give condoms to your patients
- Explain and demonstrate the correct use of condoms

Contact treatment

- Your patient should:
  - Tell all his/her sexual partners to seek medication

FIGHT AIDS! REMEMBER THE 4Cs OF GOOD STI MANAGEMENT

REPUBLIC OF KENYA, NATIONAL AIDS/STD CONTROL PROGRAMME (NASCOP), P. O. BOX 19361 - 00200 NAIROBI, TEL: +254 2729502 / 02630867
WEBSITE: www.nascop.or.ke